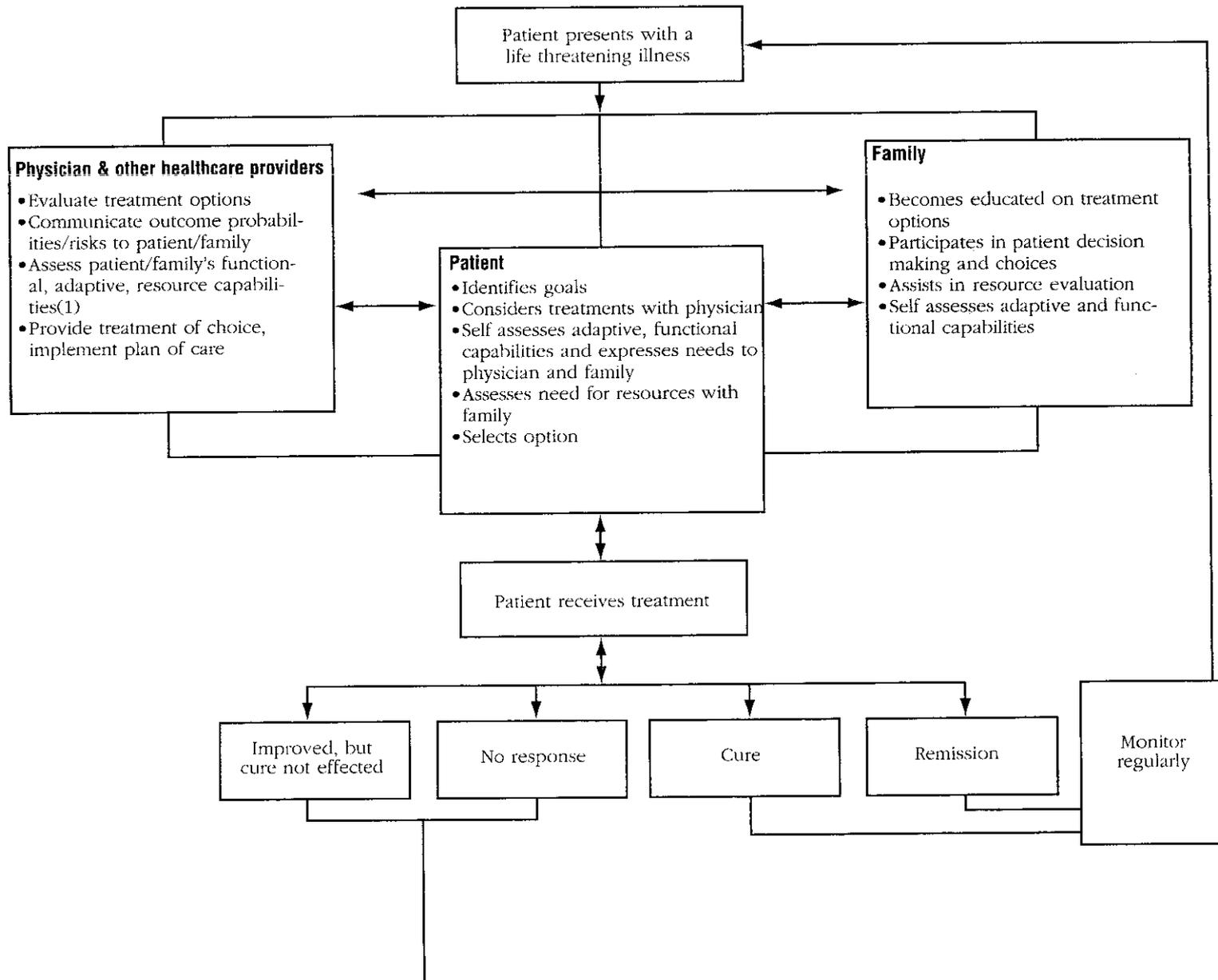
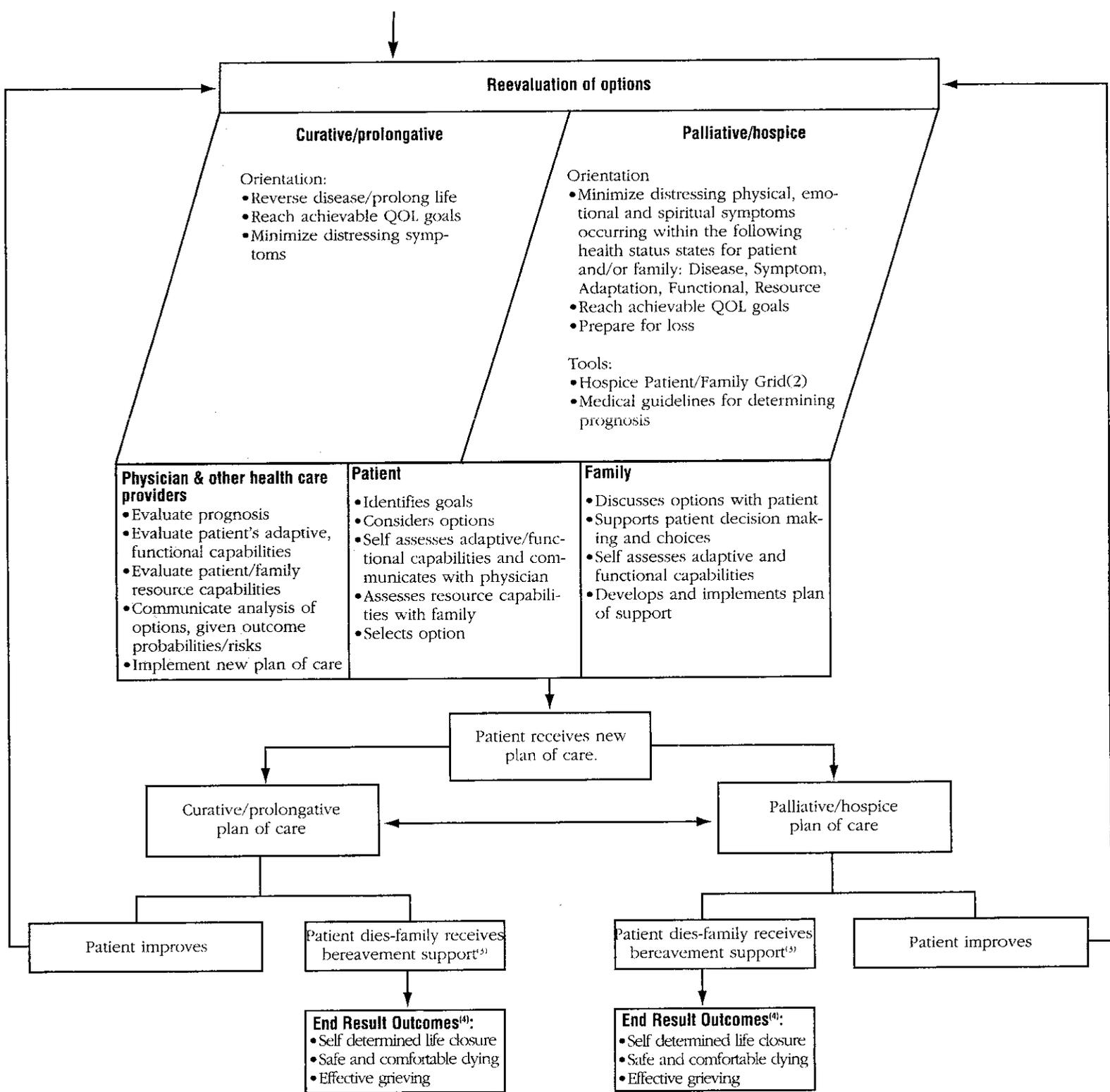


A Pathway for Patients and Families Facing Terminal Illness





Footnotes:
 (1) Functional, adaptive, resource capabilities are defined further in document
 (2) See page 18
 (3) Bereavement support is a process by which families and loved ones are supported through the first year's grieving period.
 (4) See page 8 for further discussion on the goals listed here, but not often achieved in the option.

HOSPICE PATIENT/FAMILY GRID

Adapted as General Plan of Care

State	Treat	Prevent	Promote
Patient: Disease State	<ul style="list-style-type: none"> • Palliate primary diagnosis, may treat secondary diagnosis and comorbidities 	<ul style="list-style-type: none"> • Prevent side effects of treatment and, as appropriate, sequelae of diagnosis, such as infection 	
Symptom State	<ul style="list-style-type: none"> • Treat distressing symptoms and side effects of symptom management 	<ul style="list-style-type: none"> • Prevent increase in severity of symptoms • Prevent side effects of treating symptoms • Prevent unnecessary hospitalizations • Prevent symptoms from occurring 	
Adaptation State	<ul style="list-style-type: none"> • Treat problems related to coping and grieving • Support optimal level of consciousness 	<ul style="list-style-type: none"> • Prevent unnecessary premature death • Prevent loss of autonomy • Prevent treatment compliance problems 	<ul style="list-style-type: none"> • Assist patient in emotional and spiritual adjustment to changing life circumstances • Redefine concept of wellness as it relates to dying <ul style="list-style-type: none"> – autonomy – interpersonal communications – mobility – nutrition • Promote opportunities for growth <ul style="list-style-type: none"> – reconciliation – sense of completion – sense of new self – higher sense of meaning and connectedness – sense of readiness to die
Functional State	<ul style="list-style-type: none"> • Maintain optimal mobility based on interest and capacity 	<ul style="list-style-type: none"> • Prevent treatment compliance problems • Prevent disuse phenomena secondary to reduced mobility • Prevent untoward care problems for patients living alone • Prevent falls 	
Family: Adaptation State	<ul style="list-style-type: none"> • Treat problems associated with coping and grieving, such as anxiety and depression • Assist family members' emotional adjustment to changing role in relation to patient and within family system 	<ul style="list-style-type: none"> • Educate caregivers in preparation for eventual loss • Assess family members for risk factors that may contribute to complicated grieving; refer to bereavement service prior to death if necessary • Monitor impact of caregiver burden to prevent increased incidence of mortality and morbidity of caregivers 	<ul style="list-style-type: none"> • Redefine caregiving role as patient assumes dying role <ul style="list-style-type: none"> – autonomy – interpersonal communications – mobility – nutrition • Promote opportunities for growth <ul style="list-style-type: none"> – reconciliation – sense of completion – expression of self in relation to dying person – sense of involvement and accomplishment in dying person's life – sense of preparedness for death – higher sense of connectedness – integrated concept of life and memories
Functional State	<ul style="list-style-type: none"> • Educate caregivers about signs of imminent death and/or management of death in home • Provide additional support for caregivers with limited capacity to safely support patient 	<ul style="list-style-type: none"> • Prevent caregiver fatigue through tailored use of volunteers 	
Patient/Family Unit: Resource State	<ul style="list-style-type: none"> • Address financial, legal and/or environmental problems which compromise safe care of patient and welfare of the family 	<ul style="list-style-type: none"> • Anticipate problems associated with personal business and family welfare problems to prevent crises • Define system for timely response to emergencies 	

End Result Outcomes: Self determined life closure; safe and comfortable dying; effective grieving.