Pediatric Palliative Care Course
Pediatric Palliative Care Module 1: Principles and Standards

Susan M. Huff, RN, MSN
Module 1 Objectives

The participant will be able to:

• Define Palliative Care for children
• Identify three unique differences in caring for children
• Name four categories of conditions in children for which palliative care is beneficial
• Understand where and how to access National Hospice and Palliative Care Organization (NHPCO) standards of care for children
Pediatric Palliative Care Module 2: Delivery Models

Claire Vesely, RN, BSN
Christy Torkildson, RN, MSN, PHN
Module 2 Objectives

The participant will be able to:

• Discuss specific barriers to pediatric palliative care
• Differentiate among various models of care
• Identify diverse settings in which models of pediatric palliative care can be implemented and delivered
• Design a model of care incorporating the components discussed
Pediatric Palliative Care Module 3: Ethics, Decision Making, and Advance Care Planning

Suzanne S. Toce, MD
Module 3 Objectives

The participant will be able to:

• Describe the basis of decision making

• Define the role of the child in decision making

• Formulate an ethically- and medically-appropriate advance care plan that is consistent with the child’s and family’s goals, values, and culture
Pediatric Palliative Care Module 4: Childhood Development in Health and Illness

Paul Thayer, DMin
Module 4 Objectives

The participant will be able to:

• Summarize typical development in childhood and adolescence
• Articulate how understanding typical development matters in pediatric palliative care
• Describe children’s and adolescents’ concepts of serious illness
• Articulate how understanding children’s and adolescents’ concepts of illness matters in pediatric palliative care
• Describe children’s and adolescents’ understanding of death and dying
• Articulate how understanding children’s and adolescents’ concepts of death and dying matters in pediatric palliative care
• Describe how an understanding of childhood development in health and illness impacts pediatric palliative care planning and services
Pediatric Palliative Care Module 5:
The Spectrum of Complex, Chronic and Fatal Conditions

Cassandra D. Hirsh, DO
Sarah Friebert, MD
Module 5 Objectives

The participant will be able to:

• Describe at least five situations in which a palliative care consult would be appropriate

• Determine appropriate timing for a pediatric palliative care consult along an illness trajectory

• Differentiate which situations call for palliative care to provide a supportive role vs. situations that call for palliative care to become the patient’s medical home

• Recognize some of the most common illnesses the pediatric palliative care and hospice practitioner sees

• Understand the background on those illness trajectories most commonly seen in pediatric palliative care and hospice settings

• Illustrate the services the pediatric palliative care team and hospice care team can provide and the most appropriate time for referral
Pediatric Palliative Care Module 6: Assessment and Management of Pain

John Saroyan, MD, FAAP
Kate Faulkner, MD, FAAHPM
Module 6 Objectives

The participant will be able to:

• Identify the most appropriate pain assessment instrument based upon the age, developmental level and cognition of the child
• Describe the mechanism of action of opioids, non-steroidal anti-inflammatory drugs and other adjuvant pharmacotherapy and their age-related physiological trends relevant to analgesic drug action
• Recognize opioid-related adverse drug events such as pruritus, nausea, vomiting, and constipation and their treatment
• Identify integrative therapies for pain, and know how to suggest and implement age-appropriate techniques
• Describe common barriers to effective pain control, and the impact of unrelieved suffering on children, their families, and palliative care providers
Pediatric Palliative Care Module 7: Symptom Management

Julie Hauer, MD
Module 7 Objectives

The participant will be able to:

• Identify common distressing symptoms experienced by children with life threatening conditions

• Formulate a systematic approach to evaluating the following distressing symptoms: gastrointestinal (nausea and vomiting, constipation), respiratory (dyspnea, secretions), fatigue, and neurological (spasticity, agitation, and neuro-irritability)

• Integrate symptom management strategies into a patients’ medical care plan
Pediatric Palliative Care Module 8: Psychosocial Support of the Family and Community

Stacy Remke, MSW, LICSW
Module 8 Objectives

The participant will be able to:

• Understand the concepts of family system dynamics and family centered care as they apply to pediatric palliative care

• Discuss common feelings, reactions and concerns that family members, including parents, grandparents, and siblings, experience as they cope with their child’s life-threatening illness and anticipated death

• Describe the processes of anticipatory grief.

• Identify ways of empowering family and friends to participate in end-of-life care of a child or adolescent and facilitate their interactions with him/her

• Identify how schools and communities can be affected by a child’s life-threatening illness and death, and learn strategies for supporting their engagement with the child / adolescent and family through coping with illness and death
Pediatric Palliative Care
Module 9: Bereavement Care

Elizabeth Keene, MA, FT
Module 9 Objectives

The participant will be able to:

• Examine the unique impact and dimensions of parental, sibling and family bereavement
• Identify effective approaches for supporting bereaved parents, siblings and families
• Identify the impact of the death of a pediatric patient on health care professionals and methods of support in coping with this grief
Pediatric Palliative Care Module 10: Structure and Support of the Interdisciplinary Team

Mary Kay Tyler, MSN, CNP
Module 10 Objectives

The participant will be able to:

• Define the role of the individual team members on a pediatric palliative care/hospice team

• Outline three creative approaches teams can use to offer the full spectrum of services to children and their families

• Name nine elements of successful teamwork, and six essential tasks of the team
Miracles happen every day. Some people don't think so, but they do.