

NHPCO COVID-19 Update – 04/05/21

NHPCO has created this update for hospice and palliative care providers to share recent news and helpful links. Please note, these Updates are published when there is helpful news to share.

"Be kind whenever possible. It is always possible." - Dalai Lama

Provider Update

Fauci Expects Surge in Vaccinations to Keep 4th Wave at Bay

<u>NPR reports</u>: "More than 56 million people in the U.S. have now been fully vaccinated against COVID-19. Yet cases are rising again in some parts of the country, notably in Michigan and states in the Northeast. Dr. Anthony Fauci, the Biden administration's chief medical adviser, predicts that the U.S. won't see a fourth wave of the coronavirus as severe as the previous three, thanks to the uptick in vaccinations."

COVID Variant from U.K. Becoming Predominant Strain in U.S.

"The highly contagious coronavirus variant first identified in the U.K. is starting to become the predominant strain in many regions of the U.S., per the CDC. Florida has the most confirmed cases of the new variant, according to a map of the CDC data, followed closely by Michigan, Wisconsin and California. Public health officials say they are working as quickly as possible to identify more cases." Read more on the <u>CNBC website</u>.

One in 5 COVID-affected Health Workers Weighs Quitting

"More than one in five healthcare workers (21%) have at least moderately considered leaving the workforce and 30% have considered reducing hours because of COVID-19 stress, according to a study in JAMA Network Open today. Unlike previous studies that have reported healthcare workers' mental health burden during the pandemic, this survey-based study looks at childcare, career development prospects, and stress." Read more on the <u>Center for Infectious Disease Research and Policy website</u>.

Resources

Appraisal of Healthcare Workers' Perceptions of Providing Palliative Care During Pandemic

An article in the journal <u>Palliative Medicine</u> reports, "The COVID-19 pandemic prohibited the delivery of traditional care as practical barriers restricted human connections. Staff prioritized communication and comfort orientated tasks to re-establish compassion at end-of-life and displayed resilience by adjusting their goals."

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