NHPCO COVID-19 Update - 04/12/21

NHPCO has created this update for hospice and palliative care providers to share recent news and helpful links. Please note, these Updates are published when there is helpful news to share.

"It's not whether you get knocked down, it's whether you get up." - Vince Lombardi

Provider Update

US COVID-19 Cases Up for 3rd Straight Week

<u>CNN reports</u>, "The average for new COVID-19 cases totaled 68,000 per day over the past week, marking the third consecutive week of increase, and related emergency department visits also rose."

U.K. Variant Now the Dominant COVID-19 Strain in U.S.

<u>WebMD Health News</u> reports, "'The highly transmissible and deadly U.K. coronavirus strain, B.1.1.7, is now the most common form of COVID-19 in the United States,' said Rochelle Walensky, MD, director of the Centers for Disease Control and Prevention."

CDC Declares Racism "a Serious Public Health Threat"

"The CDC labeled racism as a serious threat to public health and said it would take steps to address the matter. The pandemic has disproportionately affected communities of color because of racism, which she defined as structural barriers that have an impact on the ways different racial and ethnic groups live." Read more on the Politico website.

More Than 3,600 US Health Workers Died in Covid's First Year

"More than 3,600 U.S. health care workers perished in the first year of the pandemic, according to 'Lost on the Frontline,' a 12-month investigation by The Guardian and KHN to track such deaths. Lost on the Frontline is the most complete accounting of U.S. health care worker deaths. The federal government has not comprehensively tracked this data. But calls are mounting for the Biden administration to undertake a count as the KHN/Guardian project comes to a close today." Visit the KHN website to read more.

They Tested Negative for COVID. Still, They Have Long COVID Symptoms

KHN reports, "Long after their initial coronavirus infections, patients with a malady known as "long covid" continue to struggle with varied symptoms such as fatigue, shortness of breath, gastrointestinal problems, muscle and joint pain, and neurological issues. But the people who didn't test positive for covid — due either to a lack of access to testing or a false-negative result — face difficulty getting treatment and disability benefits. Their cases are not always included in studies of long covid despite their lingering symptoms."

Resources

How to Talk to Believers of COVID-19 Conspiracy Theories

"Conspiracy theories about COVID-19 are causing real-world problems by discouraging some people from getting vaccinated, wearing masks or following other guidelines. Experts on misinformation and psychology interviewed by The Associated Press offer several tips for individuals wondering how to talk to friends or family who believe conspiracy theories about COVID-19." Read more in this <u>article from the Associated Press</u>.