

What are End of Life Doulas and How Can They Help Me and Our Family?

September 19, 2019
2:00 - 3:00 PM EST

NHPCO End of Life Doula Advisory Council

Presented by current Council
members.

Panelists:

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Objectives

1. Definition of End of Life Doula (EOLD)
2. Hospice Team Roles
3. Differentiation & Overlap of Hospice Team vs EOLD
4. Training of Various Roles
5. What EOLDs Do
6. How to Find and Select EOLDs
7. Benefits and Costs of EOLD

Poll

Question:

Are you a family caregiver?

Or

Are you representing a
hospice?

(if yes, what is your role)

Definition of End of Life Doula

- Non-medical companions
- Do not take the place of hospice
- They complement hospice
- A wide range of holistic services
 - physical,
 - emotional,
 - spiritual and
 - practical support ...
- Initial diagnosis through bereavement.



Hospice Team Roles

- Physicians
- Home health aides
- Hospice RNs & LVNs
- Chaplain
- Social Worker
- Bereavement Service
- Volunteers
 - office, home visits, vigiling programs
 - end of life doula program



Differentiation of EOLD from Hospice Team

HOSPICE TEAM	EOL DOULAS
Plan the medical care	Reinforces the medical care plan by hospice
A Medicare benefit for people > 65	Private Pay by Families / Hospice EOLD Volunteer
Licensed Roles	No National Board that Regulates
Care clearly defined and the same state by state	Skillset may be different depending on training
Provides clinical care	Provides practical, non-medical care

Overlap of EOLD with Hospice Team

Emotional and spiritual support and care

End of life vigil support

End of life planning and guidance

Ceremony/funeral planning

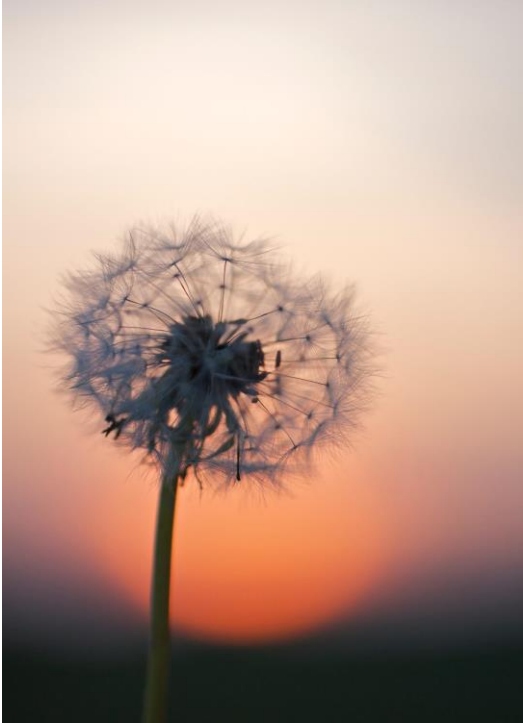
Bereavement care



Training of the Hospice Team and EOL Doulas

- Physician: [Medical School and license](#)
- Nurse: [Nursing School and license](#)
- Social Worker: [MSW and license](#)
- Chaplain: [Masters of Divinity, ordained clergy, or specially certified as hospice chaplains](#)
- Volunteer: [Medicare mandated training and supervision](#)
- CNA ([Certified Nurse Assistant](#)) [State Required Certification](#)
- EOLD within Hospice Team: [Requirements of Hospice](#)
- *EOL Doula in the Community*: [No national regulatory board](#)

Different Training Organizations



- Trainings offered by a variety of organizations
- Different deliveries and models of trainings
- No national board or state board regulation

Array of Services

- Advance Care Planning
- Comprehensive End of Life Planning
- Life Review
- Respite or Overnight
- Household Support
- Logistics Coordination
- Personal Care
- Information and Resources



Different Service Models

- Community Doula
 - Known within the community
 - Works independently
 - Contacted directly by family
 - Help get people into hospice
- Hospice Doula
 - Work within hospice and with a distinct program as an added layer of support to team
- Remuneration options
 - Fee for service
 - Volunteer

Selecting an EOL Doula

- Availability
- Training & background
- Services offered
- Cost
- Gut feeling



How to find an EOL Doula



- Healthcare provider and service team
- Directories
- Word of mouth

Benefits of Having an EOL Doula

- Presence
- Non-judgmental
- Non-medical support
- Family-centered approach
- Holistic care
- Teamwork
- Community resources



What does an EOL Doula Cost?

- Compare to birth and postpartum doulas
- Urban
- Rural
- Fee for service
- Volunteer
- Consultations
- Packages

Poll

Question:

Did you find the content of this webinar helpful?

What was your biggest take away?



Questions and Answers

For more resources, please visit the NHPCO End of Life Doula Advisory Council:

- Go to “google” search bar:
- type in NHPCO.org,
- Committees and Councils,
- End of Life Doula Advisory Council

Thank you for joining us!

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